



We build strong kids, strong families, strong communities.

Camp Sturtevant Day Camp

Outdoor Leadership

Half Day Program

Parent Packet
Summer 2008

Woodson YMCA Camping Programs

Registration & Program Questions Call:
YMCA Camp Sturtevant
(715) 849-2267
www.ymca-camp.org

Wausau YMCA
(715) 845-2177

Aspirus YMCA
(715) 841-1850

PLEASE READ CAREFULLY - Important information regarding medicine, sun screen, bug spray, dates, & times that will help parents and campers enjoy their time at camp.

Dear Campers and Parents,

Welcome to the Summer Camp Parent Packet! The Camp Directors at the Woodson YMCA have planned another year of exciting camping opportunities for your children. It is our mission to build strong kids, strong families, and strong communities in an outdoor environment.

The hundreds of children attending our camps from early childhood to young adulthood benefit by participating in well planned, age appropriate activities. Preschoolers 3 to 6 years of age begin their Y-Camp experience at **Wausau Chicken Little and Aspirus Little Explorers Preschool Camp** where their week includes songs, crafts and a trip to Camp Sturtevant. School age children from 6 to 13 years of age experience canoeing, arts and crafts, swimming, archery, games, nature and much more each week at **Day Camp Sturtevant**.

**PLEASE READ OVER THE
INFORMATION
CAREFULLY!!!**

In order for the YMCA Camping Programs to meet Wisconsin State Licensing Guidelines, we will need your assistance in properly filling out forms and providing information. We thank you for your cooperation and assistance in these matters.

Outdoor Leadership Camp offers 11 to 17 year olds the chance for out-of-camp overnight adventures while fostering leadership and teamwork skills. **Nicolet Resident Camp** offers seven nights and days of fun-filled activities from horseback riding to water skiing for 8 to 15 year olds. For those in search of programming during the summer school sessions, the **Half Day Programs** offer the perfect opportunity during the afternoon hours. The Sturtevant and Child Care **Junior Counselor (JC)** volunteer programs prepare teenagers for future camp counselor opportunities.

The Camp Directors carefully choose and train summer staff to implement the YMCA values of caring, honesty, respect, and responsibility in all aspects of programming while providing a safe and fun-filled summer experience for your children.

Whether you are looking for **whole summer child care** or two weeks of great outdoor fun, the Woodson YMCA has a program to fit your family's needs. Scholarships are available for those who qualify.

Big P

Pat Murphy, Camping Services Director – (715) 849-2267

Important Parent Information For Day and Leadership Camp

Camp Open House

Join us Thursday, April 17, 6:00-8:00 p.m. for an opportunity to learn which camp is best for your child. Camp Directors, counselors, and information will be available in the Family Lodge at Camp Sturtevant. Bring your questions and your excitement for the upcoming summer! Dependent upon the weather, tours of camp will also be available!

Directions

Camp Sturtevant is located on Northwestern Avenue, 1.8 miles from County N (Town Line Road) and ¾ mile from Camp Phillips Road. Our location is 2701 Northwestern Avenue, which is less than 4 miles from the downtown YMCA! Our mailing address is 707 3rd Street, Wausau, WI 54403.

From Grand Avenue you turn East on Town Line Road. Continue East until you pass Kraft Foods parking lot. Turn right on 12th Street (only goes right) which turns into Northwestern Ave. Travel on Northwestern approximately 2 miles. Camp Sturtevant is on the right.

From Highway 51, take 29 East to Camp Phillips Road exit. At the top of the exit turn left (north), cross Schofield Ave, Ross Ave, and the Eau Claire River. Turn left onto Northwestern Ave. Camp is approximately one mile from Camp Phillips Road.

Open Admission Policy

Camp Sturtevant is operated in accordance with all state and federal policies, which prohibits discrimination on the basis of race, color, sex, age, disability, religion or national origin.

Special Needs Campers

YMCA camps are designed to provide accessibility for children with moderate visual, auditory, orthopedic, mental and emotional challenges. Please discuss all situations with the Camp Director prior to registering.

Staff

Our camps are staffed with trained, well-qualified, enthusiastic adults certified in CPR and First-Aid who are eager to help your child have a week of learning and fun. We maintain safe camper to staff ratios in accordance to licensing and our Counselors in Training assist staff.

Authorized Persons to Pick-up Campers

For the camper's safety, we will not release any camper to an unauthorized person. Authorized persons are either the people designated on the registration form or people who are identified to the Camp Director or Program Director by a previously authorized individual. **A photo ID is necessary** to check out your camper at the end of each day. Please understand this is a safety measure taken for the well-being of **all campers** and is in no way a reflection of you.

Registration & Deposits

Bring in, or mail, the completed Registration Form with the deposits for each camp week to the Camp Registrar, Wausau Branch YMCA, 707 Third Street, Wausau, WI 54403. Most Frequent Question: Do I have to complete the registration form, Health History Form and attach immunization records if I attended last year?

YES. State licensing requires that immunization and information on the Registration Form be completed and in camper's file.

Financial Assistance

Financial assistance is offered to qualifying families. Applicants must provide information on household size and income. Applications will be accepted beginning in January and Camp Scholarships are granted on a first come, first served basis until funds are exhausted. For more information call Doua Her at (715) 845-2177 ext 310 or the camp director at (715) 849-2267.

Payment

The balance of each week is due at least two (2) weeks prior to the start of the week OR an additional \$10.00 late fee will be charged for each week not paid at least two (2) weeks prior to the start of the week.

Payment Schedule

Full Payment is due no later than the dates listed in the following schedule. It is the responsibility of the camper's parent or guardian to make full payments on time. Campers may not attend camp if full payment has not been received.

Camper Week	1	2	3	4	5	6	7	8	9	10	11	12
Due by Monday 5pm.	May 27 (Tues.)	June 2	June 9	June 16	June 23	June 30	July 7	July 14	July 21	July 28	Aug 4	Aug 11

Cancellations and Refunds

Please contact the YMCA Welcome Centers as soon as possible if you plan to cancel a camper registration.

- Deposits are non-refundable. However, deposits may be transferred to an upcoming registered week.
- In order to receive a refund, notification of the cancellation must be received in writing two weeks in advance to the camp office via the Welcome Center Desks. Cancellations more than two weeks in advance will be refunded minus the non-refundable deposit.
- Children expelled from Camp for behavior matters will receive refunds minus the non-refundable deposit for all registered sessions starting the full week after being expelled.

Medicine

If your child takes medication during the camp day, the medicine and a schedule for taking the medication should be turned in to Camp on the first day of camp. An "Authorization to Administer Medication" form is available for completion at Check-in. ANY MEDICATION THAT IS GOING TO BE DISTRIBUTED AT CAMP NEEDS TO BE ACCOMPANIED BY A SIGNED DOCTOR'S NOTE OR PILL BOTTLE WITH SPECIFIC INSTRUCTIONS, DOSAGE AMOUNTS, AND TIMES MEDICATIONS NEED TO BE DISTRIBUTED. No over the counter medications may be given to campers by Camp Staff. All leftover medicine will be discarded one week after camper's last day of camp. Insurance for health related matters must be covered by the parent or guardian.

Illness and Absences

If a camper is feeling ill, please be sure to keep him/her home to get plenty of rest and **notify us at camp - 849-2267-** if your child will not be attending. Children cannot have a fever within the last 12 hours in order to attend camp.

If a camper becomes ill while at camp, we will notify parents to discuss whether he/she should be picked up or stay in a quiet resting area of camp. Camp Sturtevant IS REQUIRED by state licensing requirements to send a child home who is suspected to have an illness or a contagious disease.

If a camper does not arrive within 60 minutes of the each program's start time (10:00am for day camp) camp will attempt to contact the camper's parents/guardians to ascertain the camper's whereabouts.

If the camper is expected to arrive at camp from school and does not arrive as scheduled, camp will immediately attempt to contact the school/facility or if need be the camper's parents/guardians to determine the child's whereabouts.

Wildlife and Pets

Camp Sturtevant offers campers an opportunity to experience the outdoors and the wildlife that inhabit camp in its natural state. Camp programs are structured so that both the campers and creatures that are a part of camp can cohabitate together. Camp management owns a friendly pet dog that is on the camp grounds and is up to date all shots and immunizations

Behavior Management

Camp staff is trained to implement behavior management techniques that include positive guidance, redirection, and the setting of clear limits and expectations. With the goal of helping each child develop self-control, self-esteem, and respect for others. Campers are held responsible for their actions and are expected to follow the YMCA four core values of honesty, caring, respect, responsibility.

Camper Behavior

Camp programming is designed for group participation and interaction. Attempts to correct behavior through action plans, behavior contracts and parent/guardian meetings will be held to instill potential changes. Behavior that disrupts programming, endangers self or others, disrespects property of others, or requires repeated one-to-one attention MAY result in the camper being suspended and/or expelled from camp. General Behavior Management Guidelines are listed below:

- Problem behavior addressed by on site staff.
 - Parents/Guardians notified based on seriousness and/or if behavior persists.
 - Suspension or temporary removal may be warranted.
- Action plans with set time line created and put into place for camper's continuation in programs.
- Follow up meetings are set.
 - Based on outcome – decision made regarding continuation or removal from programs

Camp Store

Campers may purchase sport drinks, juices, snacks, and camp T-shirts daily. Purchase Camp Store Cards when registering at the YMCA South Business Desk or at camp check-in. Campers typically spend \$10 to \$15 during a camp week.

Pre-Care and Post-Care

Pre-Care and Post-Care will only be held at Camp Sturtevant. Pre and Post-Care offers a less structured time for campers to enjoy the outdoors and visit with their friends.

Pre-Care: Campers may be dropped off as early as 7:30 a.m. Parents may drop off their children at LAF Lodge where a staff person will be on duty. All campers must check in upon arrival. **We will not check campers in before 7:30am!**

Post-Care: Post-Care will be held from 4:00 p.m. – 5:30 pm **sharp!** Parents may pick up their children at any time after 3:00 p.m. when the core programs are done. Parents must sign out their children at LAF Lodge where a staff person will be on duty. **Parents must be on a pre-written approval list and show a photo ID to pick up their child.**

Insect Repellent & Sun Screen

We suggest you have your child apply a lotion or cream before arriving at camp. IF YOU WOULD LIKE YOUR CHILD OR CAMP STAFF TO BE ABLE TO APPLY BUG SPRAY OR SUN SCREEN AT CAMP, YOU WILL NEED TO FILL OUT A AUTHORIZATION FORM AT CHECK IN. Any changes in the type of sunscreen or bug spray must also be recorded by the parent/guardian on the form at Check-In. Be sure to clearly mark the bottle with your child's name. We also suggest that you teach your child the proper application of insect repellent and sun screen so it is applied safely.

Please Do Not Bring

- Money
- Radios
- iPods/CD Players
- Toys/Valuables
- Camping Knives
- Candy
- Soft Drinks

Lost and Found

We highly recommend **writing the camper's first & last name on everything they bring to camp**. All lost and found items will be kept for **one (1) week after the last week of camp on the front porch of Family Lodge**. At that time, lost and found is donated to charity organizations.

- Items lost at Camp Sturtevant will be kept at Camp Sturtevant.
- Items lost at the YMCAs will be kept at YMCA Welcome Center and will be held for 1 month

You may need to check at both locations.

Emergencies

If your camper is involved in an emergency situation, camp staff will follow emergency procedures immediately. First Aid measures will immediately be put into practice and an ambulance contacted if necessary. Camp staff will call parent/guardian or emergency contact listed on the Registration Form and Camp Sturtevant as soon as safety measures follow.

Day Camp

What to Bring

Campers should bring on a daily basis: Items with first and last names on it

- A day pack or duffel bag to carry everything in
- Swimsuit
- Towel
- Tennis Shoes that are closed toed
- Sunscreen
- Raincoat
- Sweater, Sweatshirt, or Light Jacket when cool
- Extra change of clothes on a rainy day
- **Bag Lunch**

In addition, for the Pathfinder and Trailblazer overnights please bring:

- Sleeping Bag or Blankets
- Pillow
- Pajamas
- Change of clothes for Friday morning
- **Bag lunch** for the following day

Be sure to mark all items clearly with the camper's first and last name. If your child does lose something at camp, please contact staff as soon as possible to assist you in checking LAF Lodge. YMCA Camp Sturtevant and the YMCA are not responsible for lost items.

Rainy Days

Camp will go on! If the weather is warm and the rain is light, we will be outside for at least some portion of the day. We suggest packing a spare set of dry clothing and a raincoat for these days. If we cannot be outdoors, games will be played in the lodge, along with stories and songs.

Severe Weather

Camp Sturtevant has a severe weather scanner for early warning and communication steps in place in case severe weather strikes. Camp Sturtevant has a tornado shelter located in the lower level of the Sturtevant Family Lodge. Campers will be moved inside to an appropriate area upon first warning of dangerous weather. Please do not come to camp until the severe weather has passed.

Food

Sturtevant Campers bring a sack lunch daily. It is recommended the lunch be balanced and non-perishable. **Lunches will not be refrigerated.** Day Campers staying on overnights should bring Friday's lunch on Thursday since they will be spending the night. Camp will supply milk each day.

Family Nights & Overnights

On Thursday evening of weeks 6 and 9 we will be having our Family Night programs. This offers friends and family a chance to tour camp, meet the staff, and experience some of the great activities that the campers are a part of each day.

****Trailblazer and Pathfinder Overnights**

We will offer four overnights during weeks 3, 6, 9, and 11. This is a special time for these campers to enjoy an evening at camp and after a night full of activities, gather around the campfire to reflect on the past session, the challenges they faced, and the new friends that they made.

**The overnight experience is included in the camp fee but is not part of the licensed camp experience.

Daily Schedule

Monday through Friday 7:30 a.m. to 5:30 p.m.
Pre-Care and Check-in is from 7:30 a.m. to 9:00 a.m.
Core programming occurs from 9:00 a.m. to 4:00 p.m.
Post-Care and Check-out is from 4:00 p.m. to 5:30 p.m.

Transportation

Our primary check-in and check-out is at Camp Sturtevant. Limited transportation is available from the Wausau and Aspirus YMCAs. You must register to reserve your spot. Spots are limited and we encourage you to check-in and out at camp if possible. **Spaces are limited.** If for any reason we believe there is a question or confusion regarding a child's destination, we will keep the child safely at Camp Sturtevant until an authorized person can be reached

YMCA Transportation Schedule

Wausau Transportation Schedule – Monday through Friday

<u>Lobby Check-in</u>	<u>Leave Lobby</u>	<u>Return Lobby</u>	<u>Check-out ends</u>
7:30 – 7:55am	8:00am	5:10pm	5:30pm

Please do not drop off campers before 7:30 a.m.

Aspirus Transportation Schedule - Monday through Friday

<u>Lobby Check-in</u>	<u>Leave Lobby</u>	<u>Return Lobby</u>	<u>Check-out ends</u>
7:30 – 8:25am	8:30am	4:00pm	5:30pm

Please do not drop off campers before 7:30 a.m.

Aspirus Early Bird Care - 6:30am to 7:30am
Morning snack & milk provided

Weekly Themes

Continuing the Sturtevant tradition of theme offerings, we will offer a theme day on Friday of each week. This day will offer a change of pace and activities that are not a part of the typical day camp schedule.

Week 1 – Kick off to Summer – June 9-13

Week 2 - Adventure – June 16-20

Week 3 – Canoe & Kayak – June 23-27

Week 4 - Holiday - June 30-July 3 - NO CAMP ON THE 4TH

Week 5 - Art & Music – July 7-11

Week 6 - Wet -n-Wild - July 14-18

Week 7 - Pirates – July 21-25

Week 8 - Mystery - July 28-August 1

Week 9 - Sports – August 4-8

Week 10 - Western – August 11-15

Week 11 - Beach Party – August 18-22

Week 12 - Good-bye to Summer - August 25-29

Typical Weekly Daily Camp Schedule

Monday, Tuesday, Wednesday

7:30-9:00	Pre-Care and Check-In
9:00-9:30	Council Fire (all camp)
9:30-10:20	Core Activity Period One (with camper groups)
10:20-11:10	Core Activity Period Two (with camper groups)
11:10-12:00	Core Activity Period Three (with camper groups)
12:00-12:45	Lunch (all camp) & Camp Store Open
12:45-1:00	Skits, Songs, Announcements
1:00-2:00	Core Activity Period Four or Camp-wide Activity
2:00-3:30	Swimming
3:30-3:45	Closing & Lost and Found at Council Fire
3:45	Camp Store Open
4:00-5:30	Post-Care and Check-Out

Thursday

7:30-9:00	Pre-Care and Check-In
9:00-9:30	Council Fire (all camp)
9:30-12:00	Camp Special Event - Tepeetonga Challenge, or Skit Contest & Hobbies
12:00-12:45	Lunch (all camp) & Camp Store Open
12:45-1:00	Skits, Songs, Announcements
1:00-2:00	Camp Special Event - Tepeetonga Challenge, or Skit Contest & Hobbies
2:00-3:30	Swimming
3:30-3:45	Closing & Lost and Found at Council Fire
3:45	Camp Store Open
4:00-5:30	Post-Care and Check-Out

Friday

7:30-9:00	Pre-Care and Check-In
9:00-9:30	Council Fire (all camp)
9:30-12:00	Theme Activities
12:00-12:45	Lunch (all camp) & Camp Store Open
12:45-1:00	Skits, Songs, Announcements
1:00-3:45	Beach Party
3:45	Camp Store Open
4:00-5:30	Post-Care and Check-Out

Leadership Camp

What to Bring

Campers should bring on a daily basis:

- A day pack or back pack to carry everything in
- Swimsuit
- Towel
- 2 Pairs of Tennis Shoes that are closed toed
- Sunscreen
- Insect Repellent
- Raincoat
- Sweater, Sweatshirt, or Light Jacket
- Extra change of clothes on a rainy day
- Bag Lunch

In addition, for Leadership out of camp adventures:

- Sleeping Bag or Sheets/Blankets
- Pillow
- Pajamas
- Change of clothes
- Toothbrush, toothpaste, comb, etc.
- 2 Bag lunches
- Optional: Money for snacks on the way home

Leadership campers need to bring 2 bag lunches the day they depart on their adventure

Severe Weather

Camp Sturtevant has a severe weather scanner for early warning and communication steps in place in case severe weather strikes. Camp Sturtevant also has a tornado shelter located in the lower level of the Sturtevant Family Lodge. Campers will be moved inside to an appropriate area upon first warning of dangerous weather. While on trips, staff will locate the safest area during severe weather and campers will stay there until weather passes.

Rainy Days

Camp will go on! If the weather is warm and the rain is light, we will be outside for at least some portion of the day. We suggest packing a spare set of dry clothing and a raincoat for these days. Rain gear such as a poncho or jacket with pants should be sent on all trips because we will be out in the rain unless the weather becomes dangerous.

Food

Sturtevant Campers bring a sack lunch daily. It is recommended the lunch be balanced and non-perishable. **Lunches will not be refrigerated.** Camp will supply milk each day the campers are at Camp Sturtevant. Leadership campers should bring two bag lunches for the day they leave on an out of camp adventure.

Transportation

All Leadership campers will be dropped off and picked up at Camp Sturtevant. The shuttle service at the YMCA will only be available for Day Campers.

Fridays

Staff will call Camp Sturtevant once they are off-trail and give an approximate time they will be returning to camp. Once the staff and campers return to Camp Sturtevant, the campers are expected to help pack-in the gear they used while on trail.

Leadership Trips & Adventures Ages 11– 17

<u>Week</u>	<u># of Days out</u>	<u>Dates</u>	<u>Adventures</u>
1.....	3.....	6/9-13.....	Climb & Zip
2.....	3.....	6/16-20.....	Wet-n-Wild Week (12–17 yrs.)*
3.....	4.....	6/23-27.....	Saddles & Spurs
<i>NO CAMP 4TH OF JULY WEEK</i>			
5.....	4.....	7/7-11.....	Wilderness Adventure
6.....	3.....	7/14-18.....	Cavin' & Campin'
7.....	4.....	7/21-25.....	Pack & Play
8.....	3.....	7/28-8/1.....	Snorkel & Play
9.....	3.....	8/4-8.....	Fish & Camp
<i>Camp Nicolet Week (see Brochure)</i>			
11.....	3.....	8/18-22.....	Copper Falls

Out of Camp Adventure Descriptions

Climb & Zip - The YMCA challenge courses and then off to Camp Tesomas for their 60 foot climbing wall, high ropes and zip line!

***Wet-n-Wild** – A day at Noah’s Ark and a raft trip down the Peshtigo River... *(Must be able to complete a kayak tip test)*

Saddles & Spurs – Three days of camp activities and two days of caring for, saddling, and riding horses - you’ll be sore for sure!

Wilderness Adventure – Spend your days in the beautiful Sylvania Wilderness camping, swimming, and developing your “survival skills”.

Cavin' & Campin' – Slither and slide through “The squeeze” caving experience and camp at High Cliff State Park on Lake Winnebago.

Pack & Play -- We’ll be heading to the Porcupine Mountains for five days of backpacking and exploring!

Snorkel & Play – An adventure snorkeling clear, sandy beaches and fishing at Crystal and Muskie Lakes in the Northern Highland-American Legion State Forest.

Fish & Camp – We’ll head up North for a chance to reel in the “big one”, hike, swim and enjoy the great outdoors.

Copper Falls – Exploring Lake Superior and hiking and exploring the vast canyons, peaks, and rushing waterfalls of this amazing park!!

Half Day Programs

**** If you are utilizing Early Bird Care as Pre-Care for your camper before they go to summer school, it is YOUR responsibility to communicate this with the Pre-Care Check-In staff and what time their bus pick up is scheduled for.**

Transportation

Wausau District students need to be brought to Camp Sturtevant.

- **Campers will not be transported back to the Wausau YMCA from Camp Sturtevant.**

D.C. Everest students can choose from the following two options:

1. Bussed to the Aspirus YMCA
 2. Bussed to Camp Sturtevant
- **Parents must arrange their camper's transportation with Laidlaw transportation as to which drop-off site they would like.**
 - **Campers will not be transported back to the Aspirus YMCA from Camp Sturtevant.**

What to Bring

Camper should bring on a daily basis: Items with first and last names on it

- A day pack or duffel bag to carry everything in
- Swimsuit
- Towel
- Tennis Shoes that are closed toed
- Sunscreen
- Raincoat
- Sweater, Sweatshirt, or Light Jacket when cool
- Extra change of clothes on a rainy day
- **Bag Lunch**

Be sure to mark all items clearly with the camper's first and last name. If your child does lose something at camp, please contact staff as soon as possible to assist you in checking LAF Lodge or with the Aspirus camp staff. YMCA Camp Sturtevant and the YMCA are not responsible for lost items.

Rainy Days

Camp will go on! If the weather is warm and the rain is light, we will be outside for at least some portion of the day. We suggest packing a spare set of dry clothing and a raincoat for these days. If we cannot be outdoors, games will be played in the lodge or gym areas, along with stories and songs.

Severe Weather

Camp Sturtevant has a severe weather scanner for early warning and communication steps in place in case severe weather strikes. Camp Sturtevant has a tornado shelter located in the lower level of the Sturtevant Family Lodge. Campers will be moved inside to an appropriate area upon first warning of dangerous weather. The Aspirus YMCA has areas within the facility to serve as storm shelters during inclement weather. Please do not come to camp or the Aspirus YMCA until the severe weather has passed.

Food

Camper bring a sack lunch daily. It is recommended the lunch be balanced and non-perishable. **Lunches will not be refrigerated.** Camp will supply milk each day.

Schedule and Activities

Camp Sturtevant Half Day Campers

Offering a traditional camp experience, Sturtevant campers will eat lunch upon their arrival and then will join camper groups in afternoon core activities and programs. They will round their afternoon out swimming and playing at the beach. Snacks and drinks are available at the camp store and store cards can be purchased at registration or at camp.

Aspirus YMCA Half Day Campers

Offering a fun-filled experience of games, sports, and activities, Aspirus campers will eat lunch upon their arrival and then will head off to the gyms and playing fields to participate in a variety of games and activities. They will wrap their afternoon up by swimming and sliding in the Aspirus YMCA swimming pool. A light afternoon snack will be provided.



We build strong kids, strong families, strong communities.